

# Spring Menu 2016

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	<b>Main</b>	Ham & Mushroom Pizza, Potato Wedges	Bolognaise Bake with Garlic and Herb Bread	Roast Chicken wit Baby New Potatoes & Gravy	Traditional Shepherds Pie	White Fish or Salmon Fish Fingers With Chipped Potatoes, Tomato Sauce
	<b>Vegetarian</b>	Cheese & Tomato Pizza, Potato Wedges	Sweet & Sour Vegetables with rice	Wholemeal Vegetable Pasty	Bean & Vegetable Hotpot	Vegetarian Hot Dog with Chipped Potatoes
	<b>Dessert</b>	Sweetcorn and Mixed Peppers Mixed Side Salad Apple Crumble with Custard	Broccoli Florets Carrots Lemon Drizzle Cake	Cabbage Cauliflower Fruit Jelly & Ice Cream	Green Beans Swede Pineapple Upside Down Cake with Custard	Baked Beans Garden Peas or Grilled Tomato Feathered Iced Sponge
	<b>Week 2</b>	<b>Main</b>	Sausages with Creamed Potatoes and Gravy	Mild Chili Con Carne with Rice	Roast Turkey with Roast Potatoes & Gravy	Beef & Vegetable Hot Pot
<b>Vegetarian</b>	Shepherdess Pie with Mashed Potato	Vegetable Fajitas Served with a Vegetable Rice	Vegetarian Wellington with Roast Potatoes	Macaroni Cheese	Bean Burger with Chipped Potatoes	
<b>Dessert</b>	Garden Peas Carrots Chocolate & Peach Sponge with Chocolate Sauce	Sweetcorn Mixed Salad Fruit Oaty Crumble with Custard	Cauliflower Crushed Swede Fruit Smoothie	Broccoli Sweet corn Wholemeal Banana Sponge with Custard	Baked Beans Garden Peas or Grilled Tomato Home Made Carrot & Courgette Cake	
<b>Week 3</b>	<b>Main</b>	Pasta Carbonara with Penne Pasta	Chicken and Vegetable Pie with Gravy & New Potatoes	Roast Pork Loin with Roast Potatoes & Gravy	Traditional Beef Lasagne with Garlic Slice	White Fish Fingers with Chipped Potatoes, Tomato Sauce
<b>Vegetarian</b>	Wholemeal Spinach & Tomato Quiche with Side Salad	Vegetarian Toad in the Hole	Vegetable Goulash with Roast Potatoes	Chickpea & Sweet Potato Curry with Rice	Cheese & Tomato Frittata with Chipped Potatoes	
<b>Dessert</b>	Carrots Sweetcorn Homemade Yoghurt & Raisin Cake	Cauliflower Broccoli Eves Pudding with Custard	Shredded Cabbage Carrots Seasonal Fruit Crumble with Custard	Roasted Vegetable Medley Side Salad Sticky Syrup Sponge with Custard	Baked Beans Garden Peas or Grilled Tomato Homemade Chocolate & Beetroot Brownie	



### Available daily

Freshly cooked jacket potatoes with a choice of fillings (where advertised)

Bread freshly baked on site daily

Daily salad selection

Fresh fruit and yoghurt